# kidsner coco •



# **COOLING FOAM**



Please read the entire instructions for use carefully before you start using Kidsner Cooling Foam. Do not throw this leaflet away. If you have any questions, or if you are not sure about anything, please ask your general practitioner or pharmacist. For more information or a new copy of instructions visit: www.kidsner.com

#### FOR CHILDREN WITH CHICKENPOX

- Alleviates the symptoms of chickenpox such as skin irritation, itching, burning and sensitivity associated with chickenpox.
- Provides a direct cooling and soothing effect
- Conditions and protect the skin
- Easy to apply foam
- Contains natural ingredients

# 1. WHAT IS KIDSNER COOLING FOAM USED FOR?

Kidsner Cooling Foam is used for rapid relief from irritation, itching and sensitivity associated with chickenpox.

## 2. WHAT IS CHICKENPOX?

An acute, infectious disease, usually contracted by young children. Chickenpox is caused by the varicella virus. The condition is characterised by a fever and itchy, red spots usually appearing on the chest and torso first, and then spreading in clusters over the entire body. The red spots turn into small blisters, which will form scabs in a week after drying up.

# 3. HOW TO RECOGNISE CHICKENPOX?

The first visible sign of chickenpox is usually a skin rash, but some people experience fatigue and fever 24 hours prior to appearance of red spots (blisters). Once skin lesions (caused by red spots and blisters) are present, chickenpox is usually accompanied by a fever, abdominal pain and a general feeling of fatigue and frailty for several days. The "rash" typically appears as flat red spots, which rise like small pimples.

The spots transform into small blisters, called vesicles, that resemble small drops of water on a red base. The top of these vesicles can be easily scrotched off, or break open by themselves and become crusted, sometimes within hours of first appearance. Itching may be quite intense at this stage. This intense itching can increase the temptation to scratch the vesicles. The crusts (if not scratched) fall off in 9–13 days after formation.

#### 4. HOW DOES THE PRODUCT WORK?

Kidsner Cooling Foam provides an instant cooling and soothing effect. Kidsner Cooling Foam conditions and protects the skin and takes care of the skin in case of itching, bumps, sting or dry skin. The cooling action is caused by the evaporation of the foam on the skin, which is supported and also caused by the Laureth-9 incorporated in the product. The cooling of the skin reduces irritation of the skin, thereby reducing the urge to scratch, preventing possible further damage of the skin. The product also contains moisturizers that soothe the skin and keep the hydration optimal.

# 5. WHAT YOU SHOULD KNOW BEFORE USING KIDSNER COOLING FOAM?

Kidsner Cooling Foam does not contain any harsh, toxic chemicals and is safe to use on children's skin. There are no known side effects related to the use of Kidsner Cooling Foam. Avoid contact of Kidsner Cooling Foam with the eyes. No interference with other medications is known. No contraindications are known to be associated with the use of Kidsner Cooling Foam.

#### 6. IS CHICKENPOX DANGEROUS?

Chickenpox and its symptoms are generally not dangerous for healthy children. Serious complications such as skin infections, pneumonia and fevers, though rare, should be taken seriously and a general practitioner should be consulted if these symptoms are observed.

# 7. WHEN AND HOW SHOULD YOU USE KIDSNER COOLING FOAM?

When first using Kidsner Cooling Foam 2–3 pumps of the foamer may be needed for the foam to emerge.

- 1. Gently press the pump head and take appropriate amount of foam in hand.
- 2. Apply the foam softly to the skin, do not rub.





Apply at least three times daily or whenever relief is desired. Rub the foam softly on the skin. As this is a light, smooth foam, it will be absorbed quickly and easily by the skin.

For treatment of larger areas of the skin affected by chickenpox. Rub the foam softly onto the skin. The evaporation of the foam will cause an instant cooling relief on the skin.

For extra cooling relief store Kidsner Cooling Foam in the fridge.



### 8. WHAT DOES KIDSNER COOLING FOAM CONTAIN?

- 1 Foam dispenser containing 100ml Kidsner Cooling Foam
- 1 Information leaflet

#### INGREDIENTS:

Aqua, Betaine, Aloe Barbadensis Leaf Juice, Laureth-9, Peg-40 Hydrogenated Castor Oil, Glycerin, Phenoxyethanol, Ethylhexylglycerin, Panthenol, Polyglyceryl-10 laurate, Sodium Coco-Glucoside Tartrate Allantoin, Citric Acid, Sodium Hydroxide, Propylene Glycol, Potassium Sorbate, Sodium Benzoate, Chamomilla Recutita Flower Extract.

#### 9. WHERE TO KEEP YOUR KIDSNER COOLING FOAM?

Store in a dry and cool place between 10°C and 25°C. Do not use after the expiry date shown on the dispenser and on the packaging. Kidsner Cooling Foam should not be used for more than 30 consecutive days, which usually covers a whole treatment period. Keep out of the reach of children.

#### 10. WARNINGS:

- Keep out of reach of children.
- Should the Kidsner Cooling Foam enter the eyes, wash the eyes with plenty of clean water. Should an irritation persist, seek advice from your general practitioner.
- Consult a general practitioner if the child develops a fever, the rash spreads to the eyes, the skin around the spots becomes swollen, painful or very red.

### 11. CONTACT DETAILS:

All enquiries about the product should be sent to the distributor.

Any serious incident that has occurred in relation to this product should be reported to the manufacturer and to the competent authority of the Member State in which the user is established.

For more information see www.kidsner.com

Manufacturer

TheOTCLab Fred. Roeskestraat 115 1076 EE Amsterdam The Netherlands www.theotclab.com

Date of Revision: April 2025

## 12. EXPLANATION OF SYMBOLS:

The warning signs and symbols on the packaging and instructions for use are essential to ensure that you use this product safely and correctly and to protect you and others from injury. The symbols are explained in the table below:

Symbol	Explanation
^^	Symbol for the manufacturer
[]i	Symbol that indications to consult the instructions for use
Ω	Symbol for the expiration date
MD	Symbol that indicates that the item is a medical device
UDI	Symbol that indicates the Unique device Identifier
<b>C €</b> 0482	CE marking with the four-digit identifica- tion number of the notified body involved in the conformity assessment procedure. CE marking is the manufacturer's decla- ration that the product complies with the requirements of the applicable European Legislation/Regulation
LOT	Symbol for the Lot number
10°C 25°C	The product shall be stored between 10°C and 25°C
	To signify that the product must be kept out of the reach of children



